

1 COXONRY. 1983.



FREE WHEELING

Registered for posting as a publication

CATEGORY "B"

SEARCH AND RESCUE GROUND SIGNALS

LAY OUT SIGNALS IN OPEN GROUND AS FOLLOWS :

Use strips of fabric or parachutes, pieces of wood, stone etc.
Provide the greatest possible colour contrast between symbol and ground.
Make symbols as large as possible. They should be at least 2.5 metres long.
Lay out symbols exactly as depicted to avoid confusion with other symbols.
Separate the parts of symbols 2, 7, 10, 14 and 17 by 3 metres if possible.
Try to attract attention by other means, such as radio, flares or smoke.

EMERGENCY SIGNALS

GROUND - AIR VISUAL CODE FOR USE BY SURVIVORS

NO	MESSAGE	CODE	NO	MESSAGE	CODE	NO	MESSAGE	CODE
1	Require doctor - serious injuries.	I	7	Require signal lamp with battery and radio.	I	13	Require fuel and oil.	L
2	Require medical supplies.	II	8	Indicate direction - ion to proceed.	K	14	All well.	LL
3	Unable to proceed.	X	9	Am proceeding in this direction.	↑	15	No	N
4	Require food and water.	F	10	Will attempt take-off.	I>	16	Yes	Y
5	Require firearms and ammunition.	∇	11	Aircraft seriously damaged.	L7	17	Not understood.	JL
6	Require map and compass.	□	12	Probably safe to land here.	Δ	18	Require mechanic.	W
If in doubt use International symbol SOS								

GROUND -AIR VISUAL CODE FOR USE BY GROUND SEARCH PARTIES

NO	MESSAGE	CODE	NO	MESSAGE	CODE
1	Operation completed.	LLL	5	Have divided into two groups, each proceeding in direction indicated.	↙ ↘
2	We have found all personnel.	LL	6	Received information that aircraft is in this direction.	→ →
3	We have found only some personnel.	++	7	Nothing found; will continue search.	NN
4	We are not able to continue; returning to base.	XX			

SIGNALS BY SMALL VESSELS

I REQUIRE ASSISTANCE

BLACK 'V' ON ORANGE BACKGROUND

JANUARY 1942

1942

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VICTORIAN FOUR WHEEL DRIVE CLUB



COMMITTEE 1982/83

Pres.	Peter Rowe 6 Fintonia St., Nth Balwyn 857 6422	Vice Pres.	Ray West 44 Kays Ave., Hallam 703 2357	Sec.	Brian Tuck 16 Mitchell Ave., Boronia 762 5981
Treas.	Don Montague 9 Coronation St., Mt. Waverley 288 1200	Ass. Sec.	Andrew Williams 10 Aston Crt., E. Burwood 232 7840	Soc. Sec.	Thelma Montigue 9 Coronation St., Mt. Waverly 288 1200
Committee	Geoff Dowell 4 Genoa Crt., Frankston 789 3153		Patrick Casey 11 Paterson St., Carnegie 570 2203		Wendy Dowell 4 Genoa Crt., Frankston 789 3153

Association Delegates: Terry Hinks 798 3798 Gerry Lavery 232 3423

TRIP COMMITTEE: Brian Tuck, Paul Howden, Andrew Merlo.

Contactable on above address. For any enquiries on trips, conditions and potential trip leaders.

TRIP CLASSIFICATIONS:

*Blanket Bay.
FIELD GUIDE TO NAT PARKS
N. FAIRLEY RIGBY*

'A' Grade: Extensive use of 4WD: Tracks maybe difficult to negotiate — chains should be carried along with towing slings and anchor points: good winter tread pattern tyres are a must. Trip leader has the right to refuse a vehicle if above points are not met. Types of conditions likely to be met include: steep climbs and descents on all surfaces — rocky, muddy etc. mud & snow, deep river crossings and overgrown tracks.

Max. six vehicles.

'B' Grade: Virtually same conditions as 'A' Grade but track condition is more favourable. Good tyres are a must as well as necessary recovery gear.

Max 10 vehicles.

'C' Grade: Very limited use of 4WD. These trips include car rallys etc. Type of tyres does not matter and recovery gear not essential.

No maximum number of vehicles.

In all above cases vehicles should be in sound mechanical condition and carry the basic spare part requirements as listed in previous Newsletters.

The committee would like to express the fact that if in the opinion of the trip leader a vehicle is not suitable for a trip, then that vehicle may be refused permission to partake.

Newsletter items to Peter Rowe by last Tuesday in every month.

Radio Officer: Geoff Mann 233 2229

Club has one radio for hire at \$1.00 per day, or free if you are leading a trip. All enquiries must go through the officer regarding purchases, licences etc.

Feb. 1983 Presidents Report

Hi Members,

Welcome to 1983. Hope everyone had a good Christmas and New Year.

The Club Christmas Trip was an overwhelming success with 12 vehicles leaving Mansfield. The weather was great for most of the trip with just a bit of rain on New Years Eve. Just enough to settle the dust. But more details on our trip later on.

The Club Trip to the Water Wheel on Morning Star was also a good trip over the long weekend last month. There were 9 vehicles for this trip which was great. More about this in trip report.

Our first meeting for 1983 was in January. We inrolled one new Duel Membership.

Wendy & Gerry Van Hees who drive a MQ Patrol. Welcome to the Club.

The next outing by the Club will be Narbethong run by the Jeep Club on 26th & 27th Feb.

There will be a trip somewhere over the long weekend in March. Final details will be given as our Trip Leader gives them to us.

See you at our next meeting
which is on the 22nd Feb.

PETER ROWE

THINGS TO COME:

NAVIGATION TRIAL

By David Heard

DATE: 19th & 20th March

Map Needed

Forestry Commissions OTTWAYS

½" to 1 mile

If Maps required you can get them from:

RALLY QUIP

GLENHUNTLY RD.,

CAULFIELD

START:

8 A.M. Sharp 19th March

Meeting outside Park in Main St., Colac

Full fuel tanks ex. Colac

"B" Grade

Max Vehicles (10)

NEXT MEETING:

The next Club Meeting will be on 22nd February.

(the last Tuesday of the Month)

Our entertainment Guest will be Bill McKinnon with his films on Cape York Peninsula.

THE FIRST AID KIT

There are many commercial first aid kits available, including the very extensive range in the Royal Australian Flying Doctor kit. The following article is only meant as a guide to various items that you probably should have in your first aid kit, especially when your 4WD trip leaves you hours from the nearest medical help.

The first aid kit should cover most situations that may occur on your trip, especially if used with common sense and good application of your first aid knowledge. If the patient requires medical help, then this should be sought, and the patient transported pain free and comfortable.

The purchase of the St. John's Ambulance Hand book on first aid is highly recommended.

1) Regular Medication

If you take any medication for any illness, then make sure you have a good supply of your tablets and medication.

e.g. Asthma or hayfever tablets; migraine tablets;

Haemorrhoidal ointment.

and not forgetting the contraceptive pill as taking 3 pills on Friday night, may mean an extra passenger for next year's trip.

2) Instruments

A sharp pair of fine scissors and a pair of good tweezers will cover the usual minor surgical procedures. The tool box will supplement these instruments - e.g. pliers for removal of fish hook; fan belt for a tourniquet or sling; tyre lever as a splint etc.

3) Bandages

A good supply of band-aides, butterfly closures, gauze squares, cotton wool, crepe bandages and elastoplast, never goes astray.

4) Medication

a) Pain killers

- i) Panadol, Solcode (contains codiene which makes it a stronger pain killer, but it constipates).
These tablets are useful for headaches, influenza, toothaches, muscular pains, etc.
- ii) Solarcaine for sunburn.
- iii) Orased for toothache and mouth ulcers.
- iv) Dijene tablets or mucaine or mylanta for indigestion.
- v) Galadryl for bites, minor burns and sunburn.

b) Antiseptics, Antibiotics

- i) Dettol
- ii) Mercurchrome or betadine sticks.
- iii) Antibiotic capsules and ointment.
May be handy for long trips e.g. Cape York, Simpson

c) Bowel Regulators

- i) Kaomagma - for cloggin'
- ii) Agarol - for startin'
- iii) Puritabs - for preventin'

d) Sedation

Phenergan tablets/suspension in an anti-allergy tablet, which is very safe and useful in managing - bad insect bites, itchy rashes, hayfever and inability to sleep.

HINTS & TIPS

Breaking the bead on tyre rims.

Often difficulty is found in the removal of a tyre from the rim especially after it has been on for some time.

Two methods meeting with considerable success are:-

- 1) Lay the flat tyre (with valve core removed) so that the tyre of the vehicle will pass over the flat tyre very close to the rim. Drive vehicle onto tyre, when centrally on flat tyre, if bead does not release assist by forcing tyre lever near point of pressure continue this method by rotating tyre to different position and also inverting tyre to opposite side until bead releases.
- 2) Place flat tyre (with valve core removed) under strong part of vehicle:- Bull bar, bumper bar, chassis rail. Place jack on tyre with base close to rim. Wind up jack to contact above mentioned pressure points. Jack to maximum point or until bead breaks. Repeat at different locations until bead breaks on both sides.

With "Split Rims" it is not possible to remove the locking rim until the bead has been released by one of the above methods, or use of proper bead breaking equipment.

A "L" shaped tyre lever is one of the best and cheapest forms of tyre removal equipment.

FOR SALE

Land Rover rear diff.
Complete \$180. Contact Peter Pink

Fuel Pump \$60 **RANGE ROVER.**
4 x 750-16 Bar Treads & Rims. \$30 each
4 Range Rover Rims with Tyres & Tubes. \$100 each
10 W Phillips ~~Radio~~ Radio. \$100.
Contact Andy Bruce.

ITS & BITS

Congratulations to Don & Thelma Montague on the
birth of their Grand-daughter.

Congratulations also go to Kevin Montague on his
engagement to Jenny.

Geoff Dowell has a new Datsun 1 tonne dual cab ute.

It was rumored that on the Christmas Trip more Port was
consumed than fuel.

<u>MONTH</u>	Public Holidays	Trip Location	Trip Leader/s	Class	Social Function
February		Narbethon Mud Bash		B	
March	MARCH 14TH LABOUR DAY	12th Fishing Trip Reaves Bch.	Tom Brackna	C	
		Navigation Trial 19th & 20th Otway Ranges	David Heard	B	
		26th & 27th Clean-up Forest Commission	To Be Advised	B	
April	1st Good Friday 4th Easter Monday 25th Monday (Anzac Day)				Sunday 10th Apr Cricket match vs Datsun
May					Gippsland 4wo Go 1st W/E in May
June	Monday 12th Queen's B'day				Badling Night 24th June
July					
August		Saturday 27th August Depart Mello for Birdsville	D. Montague & P. Rowe	B	
September	Thursday 22nd Anzac Day	BIRDSVILLE RACES	D. Montague & P. Rowe	B	
October					Wine & Polies tri 15th & 16th Camp at WANGUNTA
November	Tuesday 1st Cup Day				25th November Chinese Restaurant Annual Xmas Nite
December	Xmas & Boxing Day Holiday.				Xmas Picnic 11th Dec Bimbibi.
January	Monday 2nd New Year Holiday				